







- Calories
350
- Protein
26g
- Vitamin A
680%
- Vitamin C
250%
- Calcium
35%
- Iron
90%
- Magnanese
200%

Wheat Grass

-  High in protein, fiber, vitamin A, iron and manganese
-  High manganese helps regulate blood sugar
-  11x the amount of calcium than cow's milk
-  Contains chlorophyll, a natural detoxifier of the intestines

